



## Student Catalog: 2018

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## 1 MISSION STATEMENT

The mission of the Ola Grimsby Institute is to provide the highest quality integrated manual therapy education to practicing orthopedic outpatient manual therapists and physicians. The Institute's programs aim to develop a competent and autonomous professional capable of diagnosing and caring for patients with neuro-musculoskeletal dysfunction. The Institute serves to support, encourage and facilitate the pursuit of excellence in orthopedic patient care by advancing the skills and intellectual competency of the clinician and by encouraging and requiring clinically relevant research. The instructors exemplify the manual therapy clinician as well as enable the fellowship student to understand, synthesize and apply scientific knowledge, manual skills, and critical thinking to patient assessment and intervention. We do this by enabling our students, who are practicing manual physical therapists, to design scientifically-based treatments for the health of each individual patient, resulting in a reduced number of treatments and improved outcomes.



## 2 PHILOSOPHY OF THE OLA GRIMSBY INSTITUTE

### 2.1 PEOPLE HELPING PEOPLE

The faculty and administration of the Ola Grimsby Institute believe in the power of people helping people, and we strive to apply this belief to the students, faculty, staff, therapists and patients associated with the Institute. We believe that when one person is helped, everyone is a little better for it. We are therefore dedicated to helping as many people as possible by expanding the practice of orthopaedic manual physical therapy based on clinical expertise and the most current understanding of the human neuro-muscular-skeletal systems.

As an internationally-focused, professional, education consortium, we design all of our programs with respect to the social, cultural, and professional implications unique to each region in which our programs are offered. This means that elements such as curricula, presentation, and pricing structures are designed to serve the students and their patients in each unique part of the world where the Ola Grimsby Institute operates.

## 2.2 KNOWLEDGE AND PRACTICE

The Institute believes that a physical therapist's competence is developed through the pursuit of active learning in two domains:

- Knowledge - Integrating a thorough understanding of anatomy, physiology and biomechanical function with the process of clinical reasoning, analysis, diagnosis and decision-making.
- Practice - Extensive hands-on experience with patients to achieve the advanced manual skills for assessment and intervention of movement dysfunction.

## 2.3 ON-GOING EDUCATION

The Institute believes that the professional development of the physical therapist is an ongoing and continuous path; therefore, one of the Institute's responsibilities is to provide practicing physical therapists and other healthcare professionals with instructional programs in outpatient orthopaedic manual therapy that are current and inclusive of evolving research.

The progression of our ongoing professional education programs includes Clinical Certification, followed by our Doctoral Degree residency, both of which can be achieved in the course of one year. Our second-year residency results in a Fellowship Certification; both of these programs are credentialed by the American Physical Therapy Association (APTA).

Following the third year of clinical specialization, students may be awarded a Ph.D. in Orthopaedic Manual Therapy.

As a degree granting institution, the broad goal of our research program is to provide the profession with evidence-based information necessary to support the future development of physical and manual therapy

## 2.4 QUALITY PATIENT CARE AT LESS COST

The Institute places quality of orthopaedic manual therapy above all else in the training of our students and the care of our patients. We have supporting evidence that by providing physical therapists with advanced training, in orthopaedic manual physical therapy, they become more effective and efficient. The achievement through this philosophy and practice is better patient outcomes in less time, resulting in the decreased cost of services.

Furthermore, there is evidence to suggest that physical therapists who complete our residency programs have a higher level of personal satisfaction in the performance of their work compared with physical therapists without our residency education.

Research also shows a radical increase in the perception of their clinical competence, as well as a reduction in the number of treatments necessary in order to gain full recovery from spinal as well as extremity interventions.

Ola Grimsby, PT, DMT, FFAAOMP  
Honorary Fellow by the AAOMPT, “Teacher of the Year Award”  
By the Kaltenborn Teach I Must Award by the AAOMPT.

Dear Student:

I take great pride in welcoming you to the Ola Grimsby Institute Consortium!

Our programs are the result of a thirty-five year dream of mine to create an academic and clinical residency curriculum for Physical Therapists in the United States. The process has included teaching and administration of the National Program for Orthopaedic Manual Therapy in Norway, studies of the multi-national “schools of thought”, and lectures throughout the world. Our faculty are highly qualified clinicians with broad experience in the many aspects of our profession. In 2007, we were granted the right to issue the world’s first Ph.D. in Orthopaedic Manual Therapy.

Through an extensive curriculum, we are among the leaders of postgraduate training for Physical Therapists. For students who want to earn a Doctorate of Manual Therapy degree, become a Fellow of the American Academy of Orthopaedic Manual Physical Therapy (AAOMPT), or attain a Ph.D. in Orthopaedic Manual Therapy, in addition to the Certificate of Completion, current enrollment is available through the Institute’s required registration under the Utah Postsecondary Proprietary School Act.

Although we seek a scientific rationale for our clinical skill, we will always put an emphasis on the art of our performance. In recognition of the need for scientific verification, it is important to remember that research has little value to us unless it is clinically applicable. Consequently, we do not offer you a finished product, but an opportunity to participate in a process of constant development, fostering the development of a lifelong learner.

The Ola Grimsby Institute is recognized as a provider of the Manual Therapy fellowship training by the American Academy of Orthopaedic Manual Physical Therapy and the American Physical Therapy Association. As of the summer of 1992, the APTA is a full member of the International Federation of Orthopaedic Manipulative Therapy, and the programs of the Institute will also meet the international standard. As of 2003, we are credentialed through the American Physical Therapy Association. Furthermore, the Ola Grimsby Institute is affiliated with numerous academic organizations throughout Europe and Asia.

In spite of our academic and professional achievements, we do not have all the answers. In humble admiration for the enormous potential of our profession, we challenge you to participate, to question, to learn and to share for the benefit of personal and professional growth and optimal patient care. I look forward to working and learning with you!



# OLA GRIMSBY INSTITUTE TEAM MEMBERS

WWW.OLAGRIMSBY.COM



<b>Ola Grimsby</b> Chief Executive ola@olagrimsby.com	<b>Jim Rivard</b> Vice President CAO jimrivard@olagrimsby.com	<b>Rick Kring</b> Vice President CEO rickkring@olagrimsby.com	<b>Laura Markey</b> Vice President/CFO lauramarkey@aol.com
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**Lauren Landry**  
Operational Coordinator  
info@olagrimsby.com

### **3 ADMISSION REQUIREMENTS**

#### **3.1 Year I Orthopaedic Residency (On-Site/Independent Study)**

1. Graduate of a physical therapy program accredited and recognized by the national parent body.
2. Proof of licensure to practice physical therapy within their current practice setting.
3. Demonstrated interest in further professional development as documented in the OGI Orthopaedic Residency Application.
4. Demonstration that the Resident is actively working in an orthopaedic setting.
5. Demonstrate that they are eligible for membership within the national parent body.
6. Applicants must provide all history of professional academic training
7. Applicants are required to submit an autobiographical statement.
8. Applicants are required to provide references from two employers or professional associates.
9. Self photograph – can be emailed electronically
10. Official transcripts sent to the OGI business office.
11. The Operations manager and CAO will review all applications, requesting clarification or additional information. If determined necessary, the CAO will schedule interviews will be scheduled for applicants to assist with the decision to accept or reject an applicant.
12. If interviews are performed, each applicant to be interviewed will be notified in writing (email) a minimum of four weeks prior to their interview. Once the interview schedule is confirmed between the applicant and the CAO, each applicant will be informed of the specific time, date, and place for their interview. Interviews may be conducted face-to-face, Skype or phone, depending upon geographic locations of applicants and interviewers.
13. Once the interviews are completed the CAO will make the final decisions regarding outright acceptance, conditional acceptance, or rejection of an applicant.
12. All applicants will be notified of their final status a minimum of 6 weeks prior to the start of the program for which they have applied.

#### **3.2 Year II Manual Therapy Fellowship**

1. Invitation to apply once the student has successfully completed the Orthopaedic Residency (On-Site/Independent Study)
2. Demonstrated interest in further professional development as documented in the OGI Manual Therapy Fellowship Application.
3. Demonstration that the student is actively working in an orthopaedic setting.
4. Proof of licensure to practice physical therapy within their current practice setting.
5. Demonstrate that they are eligible for membership within the national parent body.
6. The Fellowship program does not recognize transfer credits from any other university or Residency program to meet requirements for fellowship application.
7. The Operations manager and CAO will review all applications, requesting clarification or additional information. If determined necessary, the CAO will schedule interviews will be scheduled for applicants to assist with the decision to accept or reject an applicant.

8. If interviews are performed, each applicant to be interviewed will be notified in writing (email) a minimum of four weeks prior to their interview. Once the interview schedule is confirmed between the applicant and the CAO, each applicant will be informed of the specific time, date, and place for their interview. Interviews may be conducted face-to-face, Skype or phone, depending upon geographic locations of applicants and interviewers.
9. Once the interviews are completed the CAO will make the final decisions regarding outright acceptance, conditional acceptance, or rejection of an applicant.
10. All applicants will be notified of their final status a minimum of 6 weeks prior to the start of the program for which they have applied.

### **3.3 Year III Ph.D. in Orthopaedic Manual Therapy**

1. Invitation to apply once the student has successfully completed the Orthopaedic
2. Residency (On-Site/Independent Study) and the Manual Therapy Fellowship.
3. Demonstrated interest in further professional development as documented in the OGI Ph.D. in Orthopaedic Manual Therapy Application.
4. Demonstration that the student is actively working in an orthopaedic setting.
5. Proof of licensure to practice physical therapy within their current practice setting.
6. Demonstrate that they are eligible for membership within the national parent body.
6. The PhD program does not recognize transfer credits from any other university or Residency program to meet requirements for Part III/PhD application.
7. The Operations manager and CAO will review all applications, requesting clarification or additional information. If determined necessary, the CAO will schedule interviews will be scheduled for applicants to assist with the decision to accept or reject an applicant.
8. If interviews are performed, each applicant to be interviewed will be notified in writing (email) a minimum of four weeks prior to their interview. Once the interview schedule is confirmed between the applicant and the CAO, each applicant will be informed of the specific time, date, and place for their interview. Interviews may be conducted face-to-face, Skype or phone, depending upon geographic locations of applicants and interviewers.
9. Once the interviews are completed the CAO will make the final decisions regarding outright acceptance, conditional acceptance, or rejection of an applicant.
10. All applicants will be notified of their final status a minimum of 6 weeks prior to the start of the program for which they have applied.

### **3.4 PH.D. PROGRAM REQUIREMENTS/TRACKS**

For current and past OGI students and graduates, the attainment of a Ph.D. degree is achieved by building upon previous curricular studies and research. OGI graduates will need to complete the following Curricular and Research Components based on the level of previous Ola Grimsby Institute study.

### **3.5 Curricular Component:**

For students who have completed the previous Part I Manual Therapy as DPT or MOMT:

You will need to complete the second year (Fellowship) and the third year (Clinical Specialization in Manual Therapy).

**Fellowship Graduates**—For students who have completed the previous Part I as DPT, MOMT **and** the Fellowship year:

Requirements are completion of the **third PhD year** (Clinical Specialization in Manual Therapy), completing all coursework, clinical requirements and research.

**Previous Part I as DPT, MOMT, and the previous Part II section**, (but no Fellowship year):

Requirements:

1. One additional weekend course in STEP1-6 (unless you have taken the STEP certification program)
2. One additional weekend course in High Velocity Thrust Manipulation (MT6, MT8, MT9)
3. One additional weekend course in Medical Screening. (MT10—unless taken in 2006 or later)
4. One Clinical Problem Solving course (MT5—unless taken in 2006 or later)
5. One weekend course in Radiology and in Pharmacology (to be announced)
6. Retake the practical Exam for Part III.

**Third Year Graduates:** For students who have completed the previous Part I as DPT, MOMT, completed the Fellowship year **and** the Clinical Specialization year in 2006 or earlier:

You will have to take:

1. One additional weekend course in STEP (unless you have taken the STEP certification program)
2. One additional weekend course in High Velocity Thrust Manipulation (MT6, MT8, MT9)
3. One additional weekend course in Medical Screening (MT10—unless taken in 2006 or later)
4. One 5 day course in Clinical Problem Solving (MT5—unless taken in 2006 or later)
5. One weekend course in Radiology and in Pharmacology (to be announced)
6. Retake the practical Exam for Part III.

### 3.6 Research Component

- **For those who completed the DMT curriculum** (with or without a pilot study) and those who completed various segments of the clinical curriculum (including those who completed the three and four year versions): You will need to select a topic from the current list, or request approval of an unlisted topic.

- **For those who began work on (but did not finish) either a proposal or a dissertation:**

You can either retain your topic and begin where you left off, or select a new topic from the current list, or request approval of an unlisted topic.

- **For those who finished a proposal (but not a dissertation):**

You can either retain your topic and begin where they left off, or select a new topic from the current list, or request approval of an unlisted topic.

• ***For those who began work on (but did not finish) a dissertation:***

You can either retain your topic and begin where you left off, or select a new topic from the current list, or request approval of an unlisted topic.

• ***For those who finished a dissertation:***

You can either retain your topic and pursue one or more of their Recommendations for Further Research, or select a new topic from the current list, or request approval of an unlisted topic.

• ***For those who are currently working on a second dissertation:***

You can either retain your topic and continue from where you are now, or select a new topic from the current list, or request approval of an unlisted topic.

#### 4 NEW RESIDENT RECRUITMENT

New Resident recruitment occurs throughout the world and takes place at workshops and continuing education courses sponsored by the Institute. At these meetings the faculty members describe the Institute's activities and enrollment materials are distributed to interested people. The Institute does not utilize "agents", employees or independent contractors who are hired to recruit new residents. All enrollment agreements for admission are submitted to the Institute's central administrative office. The Institute does not grant prior credit such as reduced hours in the program or any tuition discount for any previous education or training completed. Please visit our website [www.olagrimbsby.com](http://www.olagrimbsby.com) for further information.

#### 5 ACADEMIC CALENDAR

- The academic calendar begins every February, ending with examinations in Salt Lake City, Utah, the following January.
- For the Clinical Certification Program, there are 6 seminar weekends of class including a 7<sup>th</sup> weekend for review and examinations.
- **DMT Programs**, when completed on-site, involve 10 class weekends throughout the year. In addition, 3 weekend seminars are required (STEP1, STEP4, MT6). All attempts are made to schedule these seminars in the city of an on-site residency, but travel may be necessary to complete these courses. A 4<sup>th</sup> seminar is required, the MT5 Clinical Problem Solving course, which is presented in January the week of examinations.
- **Independent study residents** must maintain weekly contact with assigned faculty members for 8 or 12 months dependent on resident's enrollment, as well as attend six mandatory short-term courses (MT2, MT3, STEP1, STEP4, MT5, MT6). Students are required to schedule these courses based on the courses offered nationally or internationally, listed on the OGI website. *In addition, all DMT residents are required to complete 150 hours of full time clinical supervision the first year*

- **Transition form COMT:** For students transitioning from Clinical Certification Program (CCP or COMT) completion of online modules is required, much like the Independent Study Residency program listed above. Additional seminars are required, if not previously completed outside the Certification program (STEP1, STEP4, MT5, MT6). Students are required to schedule these courses based on the courses offered nationally or internationally, listed on the OGI website. Special seminar requirements include MT2i and MT3i. These are lab courses designed to review previous techniques in the Certification courses, MT2 and MT3, but also to provide the additional techniques and tests required for full Residency. *In addition, all DMT residents are required to complete 150 hours of full time clinical supervision the first year.*
- **Fellowship programs** begins in February, with examinations completed the following January. Students are to complete 16 class days (8 weekend, depending upon local scheduling). In addition mandatory short-term courses include (MT8, MT9, STEP2, STEP5). *In addition, all Fellowship students are required to complete 150 hours of full time clinical supervision the first year.*

## 6 OPERATING SCHEDULE

Classes generally meet from 8:00 am to 5:00 pm on Saturday and 8:00 am to 5 pm on Sunday. Schedules may vary depending on location. Important scheduling information such as specific operating hours and class schedules will be announced to residents in advance once determined.

## 7 ENGLISH AS A SECOND LANGUAGE

The Institute does not provide English as a second language instruction. All class sessions conducted within the United States will be taught in the English language.

## 8 POLICIES AND REGULATIONS

The Ola Grimsby Institute is approved as a non-degree granting school in the state of California. For further information about this certification, please contact:

Bureau for Private Post Secondary and Vocational Education  
400 R Street Suite 5000  
Sacramento, California 95814  
Phone: (916) 445-3427

Our program is registered under THE POST SECONDARY PROPRIETARY SCHOOL ACT, Title 13, Chapter 34, Utah Code. Registration under the Utah Postsecondary Proprietary School Act does not mean that the State of Utah supervises, recommends, nor accredits the institution. It is the resident's responsibility to determine whether credits, degrees, or certificates from the institution will transfer to other institutions or meet employers' training requirements. This may be done by calling the prospective school or employer. As part of our registration with the Utah Division of Consumer Protection, the OGI maintains a surety bond.

The Ola Grimsby Institute is not accredited by a regional or national accrediting body recognized by the US Department of Education.

## 9 STUDENT TUITION RECOVERY FUND

California law requires that, upon enrollment, a fee be assessed in relation to the cost of tuition. These fees support the Student Tuition Recovery Fund (STRF), a special fund established by the California Legislature to reimburse students who might otherwise experience a financial loss as a result of untimely school closure. Students may be reimbursed by STRF only for prepaid but unused tuition moneys. Institutional participation is mandatory. (Education Code: Section 94342)

It is mandatory that enrollees keep a copy of any enrollment agreement, contract or application to document enrollment; tuition receipts or canceled checks to document the total amount of tuition paid; and records which will show the percentage of the course which has been completed. Such records would substantiate a claim for reimbursement from the STRF, which to be considered, must be filed within 60 days of school closure.

If a student has obtained a judgment against the Institution for any violation of the law, and the student certifies that the judgment cannot be collected after diligent effort, a claim can be made to the STRF within two years upon which the judgment becomes final.

For further information or instructions, contact:

Bureau for Private Postsecondary and Vocational Education: 400 R Street Suite  
5000  
Sacramento, California 95814 (916) 445-3427

**Disclosure:** We are registered with the State of California. Registration means we have met certain minimum standards imposed by the state for registered schools on the basis of our written application to the state. Registration does not mean we have met all of the more extensive standards required by the state for schools that are approved to operate or licensed or that the state has verified the information we submitted with our registration.

## 10 BUYER'S RIGHT TO CANCEL: Refund Policy for Tuition\*\*

### 10.1 Enrollment "Cooling Off Period"

Following enrollment in any OGI Program, the student shall have a three-business-day cooling-off period is as follows:

*A three-business-day cooling-off period during which time the student may rescind the contract and*

*Receive a refund of all money paid*

*The cooling-off period may not end prior to midnight of the third business day after the latest of the following days:*

*(i) the day the student signs an enrollment agreement*

*(ii) the day the student pays the institution an initial deposit or first payment toward tuition and fees; or*

*(iii) the day that the student first visits the institution, if the program lasts more than 30 consecutive calendar days.*

## 10.2 Cancellation:

A resident may terminate enrollment by submitting a written notice in person or by CERTIFIED MAIL to:

Mr. Brad Jordan, President  
1560 140th Ave NE Suite 100  
Bellevue, WA 98005

- A. Any written contract or agreement signed by a prospective resident shall not become operative until the resident attends the first class or session of instruction.
- B. The effective date of cancellation is the date the written notice is received (if submitted in person) or is postmarked (if sent by CERTIFIED MAIL). The Institute will provide any refunds due within 30 days.
- C. Cancellation after the first day of class: You may cancel your contract for school without any penalty or obligations on the fifth business day following your first class session by providing written confirmation of your desire to cancel enrollment.
- D. If cancellation occurs after the five day recession period, the refund shall be the amount the resident paid for instruction multiplied by a fraction, the numerator of which is the number of hours instruction which the resident has not received but for which the resident has paid and the denominator of which is the total number of hours of instruction for which the resident has paid.

Example: Students pre-pay tuition. Assume your DMT 12-month Residency Program tuition is \$9,933. The quarterly pre-payment is \$2,483.25 which is for 87.5 hours of instruction (one quarter of a 350 instructional hour program). Assume you cancel after completing 50 hours of instruction and before completing the remaining 37.5 hours of the total 87.5 hours (per quarter).

$$\frac{\$2,483.25 \times 37.5 \text{ (instruction hours not received)}}{87.5 \text{ (total hours paid for)}} = \$10,64.25 \text{ refund}$$

There are no charges for equipment. Refunds will be sent within 30 days after the Institute receives notice in writing of the cancellation.

\*\*See Enrollment Agreement for additional information regarding the refund policy.  
Textbooks/Other Materials: Once purchased, textbooks and other materials are the property of the resident, although copyrighted by the Institute. The Institute

does not accept returns and makes no refunds for books or other materials that are ordered through the Institute.

## 11 Privacy Policy

We care about your privacy and security and have created this Privacy Policy to demonstrate our firm commitment to your privacy and to assist you in using [www.olagrimbsby.com](http://www.olagrimbsby.com) (known as the “website”). This privacy policy is subject to change and applies only to information on the website, and not to outside sites linked to by the website. You may contact us at the following address with any concerns, questions or comments:

The Ola Grimsby Institute  
1560 140<sup>th</sup> Ave NE  
Ste 100  
Bellevue, WA 98005  
Phone: 425-998-9773  
Email: [info@olagrimbsby.com](mailto:info@olagrimbsby.com)

The Ola Grimsby Institute (OGI) does not collect via the website names, email addresses, or any other personal information unless it is voluntarily provided by site visitors. Visitors will be informed when the website requires personal information (name, address, email address, telephone number, credit card number and/or other identifying information). The OGI will not distribute this information to third parties without your prior consent. Data submitted by a user will be used for the express purpose described at the point of collection in the OGI’s database and for statistical purposes to analyze user behavior. The OGI will protect the information provided. The OGI may disclose your personal information if required to do so by law or in the good faith belief that such action is necessary to comply with any legal requirements or with a legal process, or to protect and defend the rights or property of the OGI employees or members of the public.

OGI will make every attempt to protect any personal information submitted to us electronically. However, electronic email is not secure against interception. Any sensitive information submitted to the website is provided at the risk of the sender.

Although the OGI makes every effort to protect your personal information and incorporates reasonable safeguards to protect the security, integrity completeness, accuracy and privacy of the personal information that we collect, due to legal and security matters that are beyond our control, we cannot guarantee that the information that you may provide to us is never disclosed to a third party. The OGI has put in place precautions to protect information from loss, misuse and alteration. Only those OGI employees who need access to your information in order to do their job are allowed access. We have also put procedures in place to safeguard any credit card data we collect from you when

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making a purchase. Please note, however, that we cannot absolutely guarantee the security of any information you provide online; you provide it at your own risk.

## 12 TUITION PRICING

The following pricing information is for the current OGI programs. For descriptions of the programs listed below, please see our Residencies section. Payment options include four quarterly payments, or monthly payments for the duration of the program.

### 12.1 Clinical Certification Program (COMT)

- Total tuition covers course registration, material and exam fees for the program ... \$3,093

### 12.2 Year I DMT Program – 12 month On-site Orthopedic Residency

- Residency Tuition .....\$8,995
  - Exam fees (written and practical) .....\$945
  - 150 hours of clinical supervision ..... Free
- Total \$9,940**

Additional Fees if completing required Research Portion for DMT

- Research Fee (\$150 monthly) ..... \$1800

### 12.3 Year I DMT Program – Independent Study - 12 month residency

- Residency Tuition.....\$6,500
  - Exam fees (written and practical) .....\$945
  - 150 hours of clinical supervision ..... Free
- Total \$7,445**

Additional Fees if completing required Research Portion for DMT

- Research Fee (\$150 monthly) ..... \$1800

### 12.4 Year I COMT Transitional to DMT Program – Independent Study - 12 month residency

- Residency Tuition.....\$6,500
  - Exam fees (written and practical) .....\$945
  - 150 hours of clinical supervision ..... Free
- Total \$7,445**

Additional Fees if completing required Research Portion for DMT

- Research Fee (\$150 monthly) ..... \$1800

### 12.5 Year II Fellowship Program – 12 month program

- Pre-requisite: Year I DMT Residency Program
  - Residency Tuition.....\$7,995
  - Exam fees (written and practical) .....\$945
  - 150 hours of clinical supervision ..... Free
- Total \$8,940**

Additional Research Fees

- Research Fee (\$150 monthly) ..... \$1800

### 12.6 Year III: PhD in Orthopedic Manual Therapy Program – 12 month program

- PhD (Part III) Tuition.....\$7,995
  - Exam fees (written and practical) .....\$945
  - 40 hours of clinical supervision ..... Free
  - Pre-requisite: Clinical Certification Program
- Total \$8,940**

- \* Research Fee (\$150 monthly) ..... \$1800

\* Prices are subject to change. Additional educational expenses such as travel and lodging costs are not included in above pricing.

### **13 FINANCIAL ASSISTANCE**

The Institute does not offer financial assistance at this time.

### **14 ATTENDANCE REQUIREMENTS**

Excused and Unexcused Absences: students are required to attend every class in order to successfully complete their program (Certification, Residency, Fellowship and PhD). We recognize that extenuating circumstances do occur. Absences are therefore considered excused or unexcused as follows:

Excused - Illness, death, birth, accidents and extraordinary circumstances. These must be substantiated in writing and are excused at the discretion of the Chairman of the Board.

Unexcused - All other absences, including class cuts.

When absences occur notify the school before the missed class. Residents are responsible for course work outlined in their resident syllabus. It is the resident's responsibility to make up any quizzes and/or exams if applicable.

Maximum absences: A maximum of three class sessions may be missed. To maintain satisfactory progress, these classes must be made up within the specified time period. If more than three class sessions are missed for whatever reason, the resident will be placed on academic probation. Further absences will result in interruption of the training program. The resident may be required to repeat a course and be subject to additional tuition charges if the absences were unexcused.

Interruption for Unsatisfactory Attendance: Residents with three unexcused absences in any class will receive written notification of academic probation for a one-month period. Further absences during this period, for whatever reason, will result in interruption of the training program. (See maximum absences).

Make-up Work: All work must be made up within 10 days of the missed class. Makeup work cannot be substituted for hours of class attendance.

Leave of Absence: Written requests for a leave of absence will be considered by the Chairman of the Board. If granted, residents have two years to resume the program, when and if it is offered again. The Resident will be responsible for paying all tuition fees related to any remaining program requirements. If a leave of absence exceeds two (2) years, the Resident will be required to retake the entire curriculum.

Lateness: As a courtesy to the faculty members and your fellow classmates, it is expected that all residents will be on time to class. Tardiness, without legitimate reason, on three occasions will be treated as an unexcused absence.

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**PROGRESS/GRADING SYSTEM**

A. The Institute’s grading system:

Excellent	90-100	A
Above Average	80-89	B
Average	70-79	C
Below Average	60-69	D
Unsatisfactory	59 or below	F

Average required for certified completion of the course is a minimum passing grade of 80%. To complete the overall course students are also required to complete the following: all quizzes, assignments/projects, surveys, 1:1 mentoring hours, mid-terms, clinical practical exams and final written and practical examinations. The DMT program requires completion of a research project, otherwise only a certificate of completion is awarded, rather than the DMT. The also PhD program requires completion and defense of your dissertation, otherwise only a certificate of completion is awarded.

**Examination Attendance**

Individuals are required to attend all scheduled exams. Failure to do so will result in a grade of zero for that specific exam. Individuals may be able to demonstrate an extenuating circumstance, in which case, they will be offered an opportunity to sit for a retake exam. The exam may be the same as the exam taken by the other residents or it may follow a different format. That decision will be made by the Fellowship Program Coordinator and provided to the individual a minimum of three days prior to the date of the scheduled retake.

**Examination Policy**

Examination policies are the same for the Residency and Fellowship programs. Quizzes, written exams and practical exams are an integral component of the training for students to demonstrate accountability for ability to meet objectives and criteria for passing. Therefore, the assessment of the student’s ability will continue throughout the course of the 1-year program. The grading of the program will be composed of the following elements:

*Monthly Quizzes and Assignments*

Each course will have 1 or more quizzes and assignments associated with specific didactic content within the curriculum. These electronic quizzes can be taken several time, with the highest score counting. The average grade for all quizzes and course assignments combined will be worth 25% of the individual’s final grade. The average grade for quizzes and assignments must be greater than or equal to 80%. Individuals who cannot achieve at least 80% quiz may be required

to perform independent study activities to demonstrate competency within that area. This will be formulated by the Program Coordinator. If the individual's average for the quizzes, assignments and exams falls below a 70% for two consecutive months they will be placed on academic probation. A formal remediation plan will be established with scores reaching 80% or better to be removed from academic probation.

*Program Written and Practical Patient Exams*

Two written examinations shall be completed, at the end of each of the two terms (~5 months and 10 months into the program). In addition, 2 practical exams and 6 treatment technique exams will be completed over the course of the program. The average grade for all these practical examinations combined will be worth 25% of the individual's final grade.

*Final Comprehensive Written Exam*

One final written exam will be administered at the end of the program. The grade for the final written examination will be worth 25% of the individual's final grade. Individuals must achieve a grade of 70% or higher on this exam in order to complete the program. IF a grade of less than 80% is achieved then the individual will be offered an opportunity to sit for a re-take exam. If the grade achieved on the re-take exam is less than 70% they will be placed on probation and a formal remediation plan will be established. Students will not be eligible to complete the program with a score of less than 70% on this re-take exam. Individuals will be offered a maximum of three re-take opportunities to pass the final written exam. If it is not passed by 70% on the third re-take, the individual will be dismissed from the program.

*Final Practical Patient Exams*

Each student will perform one final practical exam either involving patients, or patient models at the discretion of each Examination Chair. Students must achieve a grade of 70% or higher in order to complete the program. If a grade of less than 70% is achieved the student will be offered an opportunity to perform a re-take second practical exam. If the grad achieved on the second exam is less than 70% they will be placed on probation and a formal remediation plan will be established. Individuals will not be eligible to complete the program with a score of less than 70%. Individuals will be offered a maximum of three opportunities to pass the final practical patient exam. If final practical patient exam is not passed by the third time the individual will be dismissed from the program. If a practical exam is failed secondary to "safety" issues/concerns the student must successfully pass a follow up practical or they will not be able to proceed within the program. Failure to successfully pass a re-take practical exam may result in termination from the program.

**Program Completion**

Program completion is achieved with the completion of all assignments, quizzes and exams. The final grade will be an average of the aggregate scores from the quizzes/assignments, program exams, final written and final practical. The aver must be 80% or higher to successfully complete the program.

- B. Unsatisfactory Progress: Residents, who are not performing at a satisfactory level, during the course of the residency, will be notified in writing by the Chairman of the Board and given feedback as to how they can improve their performance. If the resident continues with poor performance they may be placed on Academic Probation. If this occurs, the Resident will be given specific guidelines as to what the deficiencies are, guidelines of what is expected to be corrected, a mechanism and/or suggestions of how the deficiencies can be corrected, and a timetable for when the corrections will be expected to be completed.
- C. Re-enrollment: Re-enrollment will be approved only after evidence is shown to the Chairman that conditions which caused the interruption for unsatisfactory progress has been remedied.
- D. Satisfactory Completion of any program is dependent on successful completion of the evaluation conducted by the Board of Examiners appointed by the Chairman of the Board and the Board of Directors. (See Practical Examination Policies and Procedures). The Certificate of Completion document is to be issued upon satisfactory completion of the Orthopaedic Manual Physical Therapy Program. The certificate of completion is certifying/recognizing the competency of the graduate.
- E. Graduation Rates: historical graduation rates are not available but the OGI currently tracks graduation rates of its students for accreditation reporting.

## **16 RESIDENT CONDUCT POLICY**

At the discretion of the Chairman, a Resident may be dismissed from the Institute for a serious or repeated incident of an intoxicated or drugged state of behavior, possession of drugs, alcohol or weapons, as well as, behaviors creating a safety hazard to other persons, disobedient or disrespectful behavior to another Resident, administrator, faculty member, or any other stated or determined infraction of conduct.

## **17 RESIDENT COMPLAINT PROCEDURE**

Any complaints may be directed either orally or in writing to any faculty member, administrator, or directly to the Chairman of the Board. The resident will receive notification in writing that the complaint has been received within ten days.

Upon receipt of the complaint, the Chairman, along with the Vice-President of Academic Affairs (see Administrative Chart) will then investigate the complaint thoroughly. If it is determined that the complaint is legitimate, the Institute will implement responsible policies or procedures to avoid similar complaints in the future. Filing a complaint will in no way affect a Resident's rights or remedies.

## **18 PLACEMENT ASSISTANCE & EMPLOYMENT RATES**

As a rule, residents in the program are already employed as physical therapists and therefore the Institute offers no placement assistance to its graduates, but will be rendering the service of referrals of graduates to employers when regional positions are available. As students are gainfully employed physical therapist

prior to and during the Institute's programs, 100% of graduating therapists remain gainfully employed at the time of graduation.

Students may refer to the Student Examination Guide for details on exams and graduation requirements. Students have three opportunities to take and pass written and practical exams at 80% or greater. Institute records show that 95% of students successfully complete and graduate the OGI programs.

## **19 RECORDS RETENTION**

Enrollees are advised and cautioned that state law requires this educational institution to maintain Institute and resident records for only a ten-year period.

## **20 LOCATIONS**

Anchorage, Alaska

Birmingham (Vestavia Hills), Alabama

Prescott, Arizona

San Diego, California - Kearny Villa, La Mesa

Loma Linda, California

Chicago, Illinois - Bourbonnais

Chicago, Illinois - Peoria

Chicago, Illinois - Roundlake Beach

Portland, Oregon

Memphis, Tennessee

San Angelo, Texas

Plano, Texas

Salt Lake City, Utah

Bellevue, Washington

Seattle, Washington

## 21 THE OLA GRIMSBY FACULTY

Joel Anderson DPT, MOMT, PhD, FAAOMPT  
Rebecca Catlin PT, DMT, OCS, FAAOMPTR  
Shala Cunningham PT, DPT, DMT, OCS, FAAOMPT, CSCS  
Cathy Doll PT, DMT  
Karen Dubrow PhD, PT, DMT, MS, FAAOMPT, CGS  
Stuart Eivers DPT, OCS, FAAOMPT  
Chris Glatz PT, C-STEP, FAAOMPT  
Donna Gramont PT, MOMT  
David Grant MPT, COMT, FAAOMPT  
Lisa Green PT  
Ola Grimsby Jr. PT, MOMT, FAAOMPT, MNFF  
Ben Grotenhuis PT, CMTPT, FAAOMPT  
Bill Hayner PT, OCS, C-STEP, FAAOMPT  
Bill Hinson PT, MOMT, OCS, FAAOMPT  
Rick Hobusch PT, DMT, MOMT, FAAOMPT  
Jennifer Holbourn PT, DMT, FAAOMPT  
Alec Kay MSPT, DMT, OCS, ATC, FAAOMPT  
Keith Kocher PT, MOMT, FAAOMPT  
Richard Kring PT, PhD, DMT, DPT, FAAOMPT  
Vicki Luebbe MS, PT, OMT, FAAOMPT  
Laura Markey PT, DPT, CSCS, FAAOMPT  
Rett Nicolai PT, DPT, FAAOMPT  
Sarah Olson MSPT, DMT, OCS, C-STEP, FAAOMPT  
Scott Olson PT, MOMT, FAAOMPT  
Brian Power PT, DPT, DMT, FAAOMPT  
Jim Rivard PT, MOMT, DMT, OCS, C-STEP, FAAOMPT  
Jojo Sayson PT, MOMT, DMT, FAAOMPT  
Rebecca Schultz PT, MOMT, FAAOMPT  
Arthur Schwarcz PhD, PT, ATC, MNSMT  
Cindy Unsleber PT, MSPT, OCS, FAAOMPT  
Dan Washeck PT, OCS, FAAOMPT

## 22 ACADEMIC PROGRAMS

### 22.1 Certification in Orthopedic Manual Therapy (COMT)

The COMT program provides an introduction to scientific application of histology, neurophysiology, traumatology and biomechanics into a modern clinical manual therapy approach. This collection of weekend seminars provides a critical thinking model for applying hands on soft tissue techniques, joint mobilization/manipulation for both extremities and spinal joints.

- Courses and examinations can be completed in 1 year, or spread out over a 3-year period.
- The courses can be taken in any order, but it is recommended that the MT1 course is taken first, or early in the course series, to provide more complete scientific rationale for procedures demonstrated.
- For enrolled COMT participants, additional reading and online testing may be required for credit hours associated with some of the courses.
- Examination weekend includes a review, written and practical examinations.
- Payments can be spread out with the registration of each course, and are not required upfront.
- Out of Class Hours - 64 hours
- In Class Hours- 112 hours

#### CLINICAL CERTIFICATION OUTLINE (COMT)

<i>Course</i>	<i>Course Title</i>	<i>Hours</i>
MT1	Scientific Rationale for Manual Therapy (seminar or home study)	16
MT2	Manual Therapy for the Cervical Spine and Upper Quarter	16
MT3	Manual Therapy for the Lumbar Spine and Lower Quarter	16
MT6	Introduction to Spinal Manipulation	16
MT7	Advanced Soft Tissue Mobilization	16
MT8	Manipulation of the Extremity Joints	16
Exam	Review / Examination weekend	16

Hosting: If your clinic would like to host the COMT course series with courses open to the public, you can earn 1 free spot for every 10 paid participants. If your clinic would like to host a closed COMT course series the class would need 18 participants or more, with the clinic still receiving 2 free participants. The OGI can provide closed courses for your staff over a 1 or 2 year period. Please contact the OGI office for details on course hosting (800-646-06128).

\* COMT courses earn credit hours toward the Residency (Doctor of Manual Therapy) or Fellowship programs.

## **23 ORTHOPAEDIC RESIDENCY PROGRAMS**

### **23.1 Year I: Doctor of Manual Therapy (DMT)**

The DMT residency program is one year in length and it is offered throughout the U.S., Europe and Asia. The program consists of supervised instructions that can be completed one of two ways (Independent Study Residency or On-Site Residency). Either a Certificate of Completion or a Doctorate of Manual Therapy (DMT) will be awarded upon successful completion from either of the two programs. The basic sciences and an evidence-based background in clinical practice form the curricular foundation of assessment and treatment interventions for spinal and extremity dysfunctions. The instruction includes methods to improve clinical reasoning and problem solving which will assist with the development of a patient diagnosis as well as the patient's plan of care. Interventions taught will be manual therapy based with emphasis on soft tissue techniques, articulations (i.e. oscillations, mobilizations, and manipulations of the spine and extremities), and specific exercise dosing principles. Residents will participate in a clinical supervision experience with an OGI approved instructor for a minimum of 150 1:1 contact hours. The resident must receive approval regarding his/her research topic and complete a scientific inquiry toward a dissertation. Enrollment begins in September with an application deadline of November 1st for classes beginning in December. During the program, residents are responsible for all travel and lodging costs that may be incurred.

## Residency Hours

Course Codes	Course Title	Class Hours	Self Study Hours	Total Hours	CEUs	European Credits (ECTS)
DMT 600	History of Manual Therapy	2	6	8	0.8	0.32
DMT 602	Biomechanics	4	12	16	1.6	0.64
DMT 604	Clinical Histology	4	16	20	2	0.80
DMT 605	Applied Neurophysiology	4	16	20	2	0.80
DMT 606	Clinical Traumatology	3	12	15	1.5	0.60
DMT 608	General Assessment	4	16	20	2	0.80
DMT 609	Exercise Physiology	5	20	25	2.5	1.00
DMT 620	MT Digits, Hand and Wrist	14	28	42	4.2	1.68
DMT 621	MT of the Elbow	12	24	36	3.6	1.44
DMT 622	MT of the Shoulder	24	48	72	7.2	2.88
STEP 100	STEP for the Shoulder and Upper Quarter	16	32	48	4.8	1.92
DMT 625	MT of the Foot and Ankle	8	16	24	2.4	0.96
DMT 626	MT of the Knee	16	32	48	4.8	1.92
DMT 627	MT of the Hip	8	16	24	2.4	0.96
DMT 630	MT of the Lumbar Spine	16	32	48	4.8	1.92
STEP 400	STEP for the Lumbar spine	16	32	48	4.8	1.92
DMT 635	MT of the Sacroiliac Joints	10	20	30	3	1.20
DMT 640	MT of the T-Spine and Ribs	10	20	30	3	1.20
MT6 680	Introduction to Spinal Manipulation	16	48	64	6.4	2.56
DMT 641	MT of the Cervicothoracic Spine	10	20	30	3	1.20
DMT 642	MT of the Mid Cervical Spine	10	20	30	3	1.20
DMT 643	MT of the Upper Cervical Spine	10	20	30	3	1.20
DMT 644	MT of the TMJ Joint	10	20	30	3	1.20
MT5 617	Clinical Reasoning and Problem Solving	24	48	72	7.2	2.88
DMT 650	Clinical Mentoring 1	150	20	170	17	3.00
DMT 670	Research / Case study	10	40	50	5	2.00
	Clinical work / available instructor	440	0	440	0	0.00
DMT 699	<b>Written Examination</b>	5	0	5	0	0.00
	Practical Review	12	12	5	0	0.00
DMT 699	<b>Practical Examination</b>	1	1	2	0	0.00
<b>Total</b>		<b>874</b>	<b>647</b>	<b>1502</b>	<b>88.40</b>	<b>31.56</b>

### 23.2 12-MONTH ON-SITE DMT PROGRAM REQUIREMENTS

- In Class Hours- 874 total hours – including clinical mentoring hours
- Out of Class Hours- 647 total hours
- The student will meet 28 days (14 weekends)/10 weekends of class with 4 weekend seminars (including Practical/Written Exams as the last weekend) 12-month period with an OGI Faculty member.
- As part of 14 weekends, student are required to attend 4 seminars as part of their Residency (DMT) curriculum— 2-day courses (MT6 Introduction to Spinal Manipulation), STEP1: Shoulder and Upper Quarter, STEP4: Lumbar Spine and a 3-day Clinical Problem Solving (MT5) course.
- Students are NOT required to attend additional courses, but are highly encouraged to do so. These courses include:
  - 2 Day MT2 Summary of Cervical Spine and Upper Extremities Course
  - 2 Day MT3 Summary of Lumbar Spine and Lower Extremities Course
- 1:1 Clinical Mentoring Hours- 150 hours
- Students will perform 150 hours of 1:1 clinical supervision with an OGI Faculty member. There is no fee for this clinical supervision; however, the student is responsible for all costs related to performing this clinical experience. Students are required to have the following items in order to complete the clinical supervision:
  - Licensure in state where clinical experience is being performed.
  - Proof of liability insurance to cover clinical experience (if necessary).
  - CPR Certification
  - HIPAA Certification (This can be obtained online.)
  - OSHA Blood Borne Pathogen certification.
  - TB/Hepatitis B/Immunizations (Obtain from Family Physician)
- Supervised Clinical Hours- 440 hours  
Students are also required to perform an additional 440 hours of clinical supervision that can be performed at the students routine work environment, however, they will be in contact with an OGI Faculty member via phone, e-mail, etc during that clinical time.
- Research: Students must have an end result of Institutional Review Board (IRB) approval for a clinical research study. This will involve choosing a relevant topic, performing a review of the literature, developing a methodology, and learning to and submitting the proper paper work for IRB approval to perform the study. This is an accepted practice among university faculty for the purpose of performing research. IRB approval will be necessary for the conference of the degree of DMT.
- During the program, residents are responsible for all travel and lodging costs that may be incurred.

### 23.3 12-MONTH INDEPENDENT STUDY DMT PROGRAM REQUIREMENTS

- In Class Hours- 748 total hours (includes mentoring hours)
  - Out of Class Hours- 865 total hours
  - Students will complete 16 Home Study Modules at home under the supervision of an OGI Faculty member for a 12-month period.
  - Included in the in-class hours are 6 mandatory courses:
    - 2 Day MT6: Introduction to Spinal Manipulation course
    - 3 Day MT5: Clinical Problem Solving course
    - 2 Day MT2 Summary of Cervical Spine and Upper Extremities Course
    - 2 Day MT3 Summary of Lumbar Spine and Lower Extremities Course
    - 2 Day STEP1: Shoulder and Upper Quarter
    - 2 Day STEP4: Lumbar Spine
  - Students are NOT required to attend additional courses, but are highly encouraged to do so. These courses include: STEP2: Knee and Ankle, STEP4: Cervical Spine and MT7: Soft Tissue Mobilization
  - 1:1 Clinical Mentoring Hours- 150 hours
  - Students will perform 150 hours of 1:1 clinical supervision with an OGI Faculty member. There is no fee for this clinical supervision. However, the student is responsible for all costs related to performing this clinical experience. Students are required to have the following items in order to complete the clinical supervision:
    - Licensure in state where clinical experience is being performed.
    - Proof of liability insurance to cover clinical experience (if necessary).
    - CPR Certification
    - HIPAA Certification (This can be obtained online.)
    - OSHA Blood Borne Pathogen certification.
    - TB/Hepatitis B/Immunizations (Obtain from Family Physician)
  - Supervised Clinical Hours- 440 hours
- Students are also required to perform 440 hours of clinical supervision that can be performed at the students routine work environment, however, they will be in contact with an OGI Faculty member via phone, e-mail, etc during that clinical time.
- Research Portfolio: Students must have an end result of Institutional Review Board (IRB) approval for a clinical research study. This will involve choosing a relevant topic, performing a review of the literature, developing a methodology, and learning to and submitting the proper paper work for IRB approval to perform the study. This is an accepted practice among university faculty for the purpose of performing research. IRB approval will be necessary for the conference of the degree of DMT
  - During the program, students are responsible for all travel and lodging costs that may be incurred.

### 23.4 12-MONTH CCP or COMT TRANSITIONAL DMT PROGRAM REQUIREMENTS

We are pleased to offer this transition program from previous CCP and COMT graduates of the OGI. This program allows you to build on the coursework completed in the Certification programs.

- In Class Hours- 844 total hours (includes mentoring hours)
- Out of Class Hours- 865 total hours
- Previous completion of MTI, MT2, MT3, MT6, MT7, MT8 (96 seminar class hours)
- Students will complete Home Study Modules at home under the supervision of an OGI Faculty member for a 12-month period.
- Required courses are dependent upon the Certification program completed:

MT2i: 2-Day Advanced MT of Cervical and Upper Quarter (Update, Review and Additional technique review)

MT3i: 2-Day Advanced MT of Lumbar spine and Lower Quarter (Advanced course)

MT6: 2-Day Spinal Manipulation (Review and update)

STEP1: Shoulder and Elbow

STEP4: Lumbar and Thoracic

MT5: 3-Day Clinical Problem Solving Course

- 1:1 Clinical Mentoring Hours- 150 hours
- Students will perform 150 hours of 1:1 clinical supervision with an OGI Faculty member. There is no fee for this clinical supervision. However, the student is responsible for all costs related to performing this clinical experience. Students are required to have the following items in order to complete the clinical supervision:
  - Licensure in state where clinical experience is being performed.
  - Proof of liability insurance to cover clinical experience (if necessary).
  - CPR Certification
  - HIPAA Certification (This can be obtained online.)
  - OSHA Blood Borne Pathogen certification.
  - TB/Hepatitis B/Immunizations (Obtain from Family Physician)

- Supervised Clinical Hours- 440 hours

Students are also required to perform 440 hours of clinical supervision that can be performed at the student's routine work environment, however, they will be in contact with an OGI Faculty member via phone, e-mail, etc during that clinical time.

- Research Portfolio: Students must have an end result of Institutional Review Board (IRB) approval for a clinical research study. This will involve choosing a relevant topic, performing a review of the literature, developing a methodology, and learning to and submitting the proper paper work for IRB approval to perform the study. This is an accepted practice among university faculty for the purpose of performing research. IRB approval will be necessary for the conference of the degree of DMT
- During the program, students are responsible for all travel and lodging costs that may be incurred.

\* The Ola Grimsby Institute also offers the following **Year II and Year III**

programs.

The Year I Orthopedic Residency Program is a **prerequisite** for the Year II: Manual Therapy Fellowship, but does not require DMT completion.

The Fellowship year is a **prerequisite** for Year III: PhD in Orthopedic Manual Therapy).

## 24 FELLOWSHIP: MANUAL THERAPY FELLOWSHIP REQUIREMENTS (YEAR II)

- In Class Hours- 810 total hours – includes mentorship clinical hours
- Out of Class Hours- 445 total hours
- Fellows will meet 12 weekends (including 3 weekend seminars and the Written/Practical Exams as the last weekend) 12-month period with an OGI Faculty member.
- The required 2-day course seminars are MT6 Advanced Spinal Manipulation, STEP2 Knee/ankle and STEP5 Cervical spine.
- Fellows will perform 150 hours of 1:1 clinical supervision with an OGI Faculty member. There is no fee for this clinical supervision; however, the fellow is responsible for all costs related to performing this clinical experience. Fellows are required to have the following items in order to complete the clinical supervision:
  - Licensure in state where clinical experience is being performed.
  - Proof of liability insurance to cover clinical experience (if necessary).
  - CPR Certification
  - HIPAA Certification (This can be obtained online.)
  - OSHA Blood Borne Pathogen certification.
  - TB/Hepatitis B/Immunizations (Obtain from Family Physician)
- Supervised Clinical Hours- 440 hours. Fellows are also required to perform 440 hours of clinical supervision that can be performed at the fellows routine work environment, however, they will be in contact with an OGI Faculty member via phone, e-mail, etc during that clinical time.
- During the program, fellows are responsible for all travel and lodging costs that may be incurred.
- Dissertation Proposal: The student will perform the study that has been approved by the IRB. Once completed, the student will write up the study for publication in a prestigious peer reviewed journal. Revisions will be made as requested by the editorial staff at the journal. Response to the requests and resubmission of at least two attempts are recommended as most articles are not accepted after first submission. We recommend resubmitting twice after the original submission to give you the best opportunity to be published.

### Fellowship Hours

Course Codes	Course Title	Class Hours	Self Study Hours	Total Hours	CEUs	European Credits (ECTS)
FSP 700	Models of Pathology	1	2	3	0.3	0.12
FSP 710	Clinical Psychology	1	2	3	0.3	0.12
FSP 720	Medical Screening	1	2	3	0.3	0.12
FSP 735	Applied Neurophysiology	3	6	9	0.9	0.36
FSP 740	Advanced MT of the Wrist	4	8	12	1.2	0.48
FSP 745	Advanced MT of the Elbow	8	16	24	2.4	0.96
FSP 750	Advanced MT of the Shoulder	8	16	24	2.4	0.96
FSP 755	Advanced MT of the CT and Mid Cervical Spine	16	32	48	4.8	1.92
FSP 760	Advanced MT of the TMJ Joint	8	16	24	2.4	0.96
STEP 500	STEP for the Cervical Spine	16	32	48	4.8	1.92
FSP 765	Advanced MT of the Foot and Ankle	12	24	36	3.6	1.44
FSP 770	Advanced MT of the Knee	12	24	36	3.6	1.44
FSP 775	Advanced MT of the Hip	8	16	24	2.4	0.96
FSP 785	Advanced MT of the Lumbar Spine	18	36	54	5.4	2.16
STEP 200	STEP for the Knee and Ankle	16	32	48	4.8	1.92
FSP 780	Advanced MT of the Sacroiliac Joints	8	16	24	2.4	0.96
FSP 790	Advanced MT of the T-Spine and Ribs	8	16	24	2.4	0.96
FSP 791	Advanced Clinical Problem Solving	18	36	54	5.4	2.16
MT9 782	Advanced Spinal Manipulation	30	60	90	9	3.60
FSP 795	Clinical Mentoring 2	150	20	170	17	6.80
FPS 797	Research	10	40	50	5	2.00
	Clinical work / available instructor	440	0	440	0	0.00
<b>FSP 799</b>	<b>Written Examination</b>	5	0	5	0	0.00
	Practical Exam Review	12	0	12	0	0.00
<b>FSP 799</b>	<b>Practical Examination</b>	1	1	2	0	0.00
<b>Total</b>		814	453	1267	<b>80.80</b>	<b>32.32</b>

## 25 PH.D. IN ORTHOPEDIC MANUAL THERAPY REQUIREMENTS (YEAR III)

- In Class Hours- 676 total hours, Out of Class Hours- 579 total hours  
Students upon successful completion of the OGI Manual Therapy Fellowship will meet 12 weekends (including Written/Practical Exams as the last weekend) 12 month period with an OGI Faculty member.
- 1:1 Clinical Mentoring Hours- 40 hours Students will perform 40 hours of 1:1 clinical supervision with an OGI Faculty member. There is no fee for this clinical supervision; however, the student is responsible for all costs related to performing this clinical experience. Students are required to have the following items in order to complete the clinical supervision:
  - Licensure in state where clinical experience is being performed.
  - Proof of liability insurance to cover clinical experience (if necessary).
  - CPR Certification
  - HIPAA Certification (This can be obtained online.)
  - OSHA Blood Borne Pathogen certification.
  - TB/Hepatitis B/Immunizations (Obtain from Family Physician)
- Supervised Clinical Hours- 440 hours. Students are also required to perform 440 hours of clinical supervision that can be performed at the students routine work environment, however, they will be in contact with an OGI Faculty member via phone, e-mail, etc during that clinical time.
- During the program, students are responsible for all travel and lodging costs that may be incurred.
- Doctoral Dissertation: Year 3 is the completion of the Doctoral Dissertation development process and uses the students' approved prior study as the point of departure for collecting, analyzing, and interpreting the data and composing the Dissertation manuscript. As was the case in the two previous years, completion of the Doctoral Dissertations involves interactions with the Personal Research Mentors who were assigned in year 1 and whose role continues to be leading the students through the activities associated with collection of their data and the composition of the Dissertation manuscript. The student will expand his/her research study and expand all areas to appropriately fit the format of a PhD dissertation. There is a step-by-step process that includes relevant "handouts" to assist the student in successful completion of his/her Dissertation Manuscript. Students who need assistance in analyzing and interpreting their data can obtain the services of methodologists/ statisticians for this purpose. The DSC Chairs and Members provide suggestions for improvement, after the students and their Mentors have produced a complete copy of the Dissertation manuscript. Once the DSCs have approved the Dissertation manuscripts, students schedule Oral Defenses that will take place in mid-January in Salt Lake City, on days/times that are compatible with the schedules of their DSCs. Following successful completion of their Oral Defenses, students respond to suggestions for improvement that may grow out of their Oral Defenses, produce clean copies of their Dissertations, obtain the signatures of their DSCs.

*\*Note: The Ola Grimsby Institute is not accredited by a regional or national accrediting agency recognized by the United States Department of Education. The Ola Grimsby Institute programs are registered according to legal guidelines in the State of Utah. The OGI Residency and Fellowship Program is credentialed by the American Physical Therapy Association.*

**26 Part III—Ph.D. Course Outline**

<i>Course Code</i>	<i>Course Title</i>	<i>Class Hours</i>	<i>Study Hours</i>
PHD 800	Advanced Spinal Biomechanics		
PHD 805	Advanced Pathology		
PHD 810	Clinical Radiology of the Spine	7	6
PHD 815	Surface EMG		
PHD 820	Nutrition and Supplementation	4	15
PHD 825	Advanced Clinical Reasoning	16	8
PHD 830	Advanced Manual Intervention of the Spine	16	8
PHD 835	Observation in Surgical Procedures	16	15
PHD 840	Scientific Inquiries	16	10
PHD 845	Case Studies / Class Presentations	16	10
STEP 300	Exercise for Hip and Pelvis	16	15
STEP 600	Exercise for the Upper Cervical Spine, Ocular and TMJ	16	15
PHD 750	Clinical supervision (1:1)	40	N/A
PHD 760	Clinical work	440	N/A
PHD 890	Research portfolio	N/A	150-250
PHD 899	Written/practical exams	Salt Lake City, UT – January	N/A
		<b>Total PhD hours: 1466</b>	

## 27 STEP Certification

The C-STEP program provides an introduction to scientific application of histology, neurophysiology, traumatology and biomechanics into a modern clinical manual therapy approach. This collection of weekend seminars provides a critical thinking model for applying hands on soft tissue techniques, joint mobilization/manipulation for both extremities and spinal joints.

- Courses and examinations can be completed in 1 year, or spread out over a 3-year period.
- The courses can be taken in any order, but it is recommended that the MT1 course is taken first, or early in the course series, to provide more complete scientific rationale for procedures demonstrated.
- For enrolled participants, additional reading and online testing may be required for credit hours associated with the courses.
- Examination weekend includes a review, written and practical examinations.
- Payments can be spread out with the registration of each course, or divided monthly.
- Out of Class Hours- 64 hours
- In Class Hours- 112 hours

<i>Course</i>	<i>Course Title</i>	<i>Hours</i>
STEP1	Shoulder and Upper Quarter	16
STEP2	Knee, Ankle and Foot	16
STEP3	Hip, Pelvis and Sacroiliac Joint	16
STEP4	The Lumbar Spine	16
STEP5	The Cervical Spine	16
STEP6	The Upper Cervical Spine, TMJ and Ocular System	16
STEP7	Review / Examination weekend	16

The STEP Certification program provides clinical application of histology, neurophysiology, traumatology and biomechanics into a modern clinical exercise rehabilitation approach. Six prerequisite seminars, course reading and an exercise project culminate in a weekend of review and examination.

Requirements include:

- Complete all 6 STEP seminars - In any order.
- Complete a home study test after each seminar associated with the seminar, additional videos and required reading from the STEP course book series ([www.lulu.com](http://www.lulu.com)).
- Submission of a unique exercise from concepts of each seminar unit
- Complete a final project (protocol, literature review or case study).
- Written and practical examination
- Upon successful completion of all areas and demonstration of competency and safety, the Physical Therapist will be issued a Certification in Rehabilitative Exercise and will be able to use the "C-STEP" letters after their name indicating the earned specialization.
- **Open to PTs, PTAs, OTs and ATCs**